

IPAC: BACK TO BASICS QUIZ

Test your knowledge!
Read and choose the correct options!

- 1** What are the 3 modes of transmission ?
 - a) Contact, Airborne, Hand Hygiene
 - b) Contact, Droplet, Airborne
 - c) Droplet. Contact, Water
- 2** How often per hour (on average) do we touch our face?
 - a) 23 times
 - b) 10 times
 - c) 53 times
- 3** How long (minimum) should you preform Hand Hygiene?
 - a) 15 seconds
 - b) 25 seconds
 - c) 10 seconds
- 4** How often should you refill your personal ABHR ?
 - a) Every day
 - b) Never
 - c) When empty
- 5** What is the 1st and 4th moment of Hand Hygiene?
 - a) Before and After Bodily Fluid Exposure
 - b) Before and After Putting on Gloves
 - c) Before and After Resident and/or Environment Contact
- 6** Point of Care Risk Assessment includes assessing:
 - a) The Resident, The Environment, The Task
 - b) The Environment, The Task, Laundry
 - c) The Resident, The Task, The Time
- 7** When donning full PPE, the first item to donn is:
 - a) Gloves
 - b) Mask
 - c) Gown
- 8** When doffing full PPE, the first item to doff is:
 - a) Gloves
 - b) Mask
 - c) Gown
- 9** When using disinfecting wipes you should:
 - a) Follow manufacturer's directions
 - b) Ensure to follow the contact time
 - c) Both a & b
- 10** You can prevent the spread of infections by:
 - a) Staying up to date on your vaccinations
 - b) Performing hand hygiene
 - c) Staying home when sick
 - d) All of the above